

# California MAT Expansion Project

- Presentations (45 minutes)
  - Overview of the MAT Expansion Project - Marlies Perez, Division Chief, Department of Health Care Services
  - Naloxone Distribution and Education – Aimee Dunkle, Founder, The Solace Foundation
- Questions and Answers (10 minutes)
  - Please type questions into the question box in the lower right hand of your screen
- Slides and registration for Part 2 of this webinar series are available at [www.CaliforniaMAT.org](http://www.CaliforniaMAT.org)



# **Medication Assisted Treatment Expansion in California**

**Marlies Perez**

**Division Chief, Community Services Division**

**Department of Health Care Services**



# Background



# Opioid Epidemic in California

In 2018, California had ...

**2,428**

opioid overdose  
deaths

**786**

fentanyl overdose  
deaths

**8,832**

opioid overdose ED  
visits

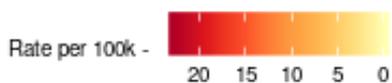
**19,808,224**

opioid prescriptions



# Opioid Overdose Death Rates in California

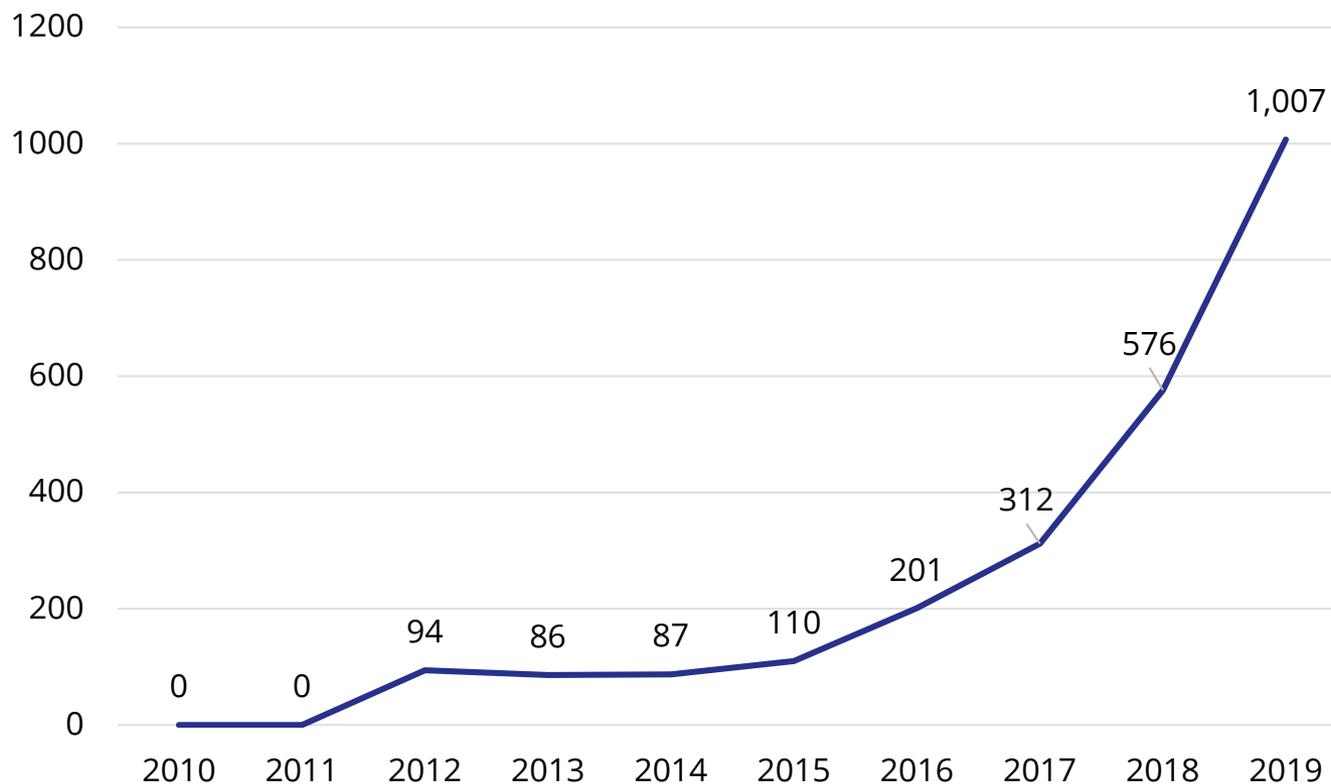
All Opioid Overdoses: 2018 Age-Adjusted Annual Death Rates by County



CA's Age Adjusted Opioid Overdose Rate Deaths Per 100,000 Residents in 2018	
Lake	22.70
Plumas	18.11
Inyo	17.77
San Francisco	15.01
Mendocino	13.70
Lassen	11.90
Humboldt	11.17
Ventura	11.14
Kern	10.46
Imperial	10.07
<b>Statewide</b>	<b>5.82</b>



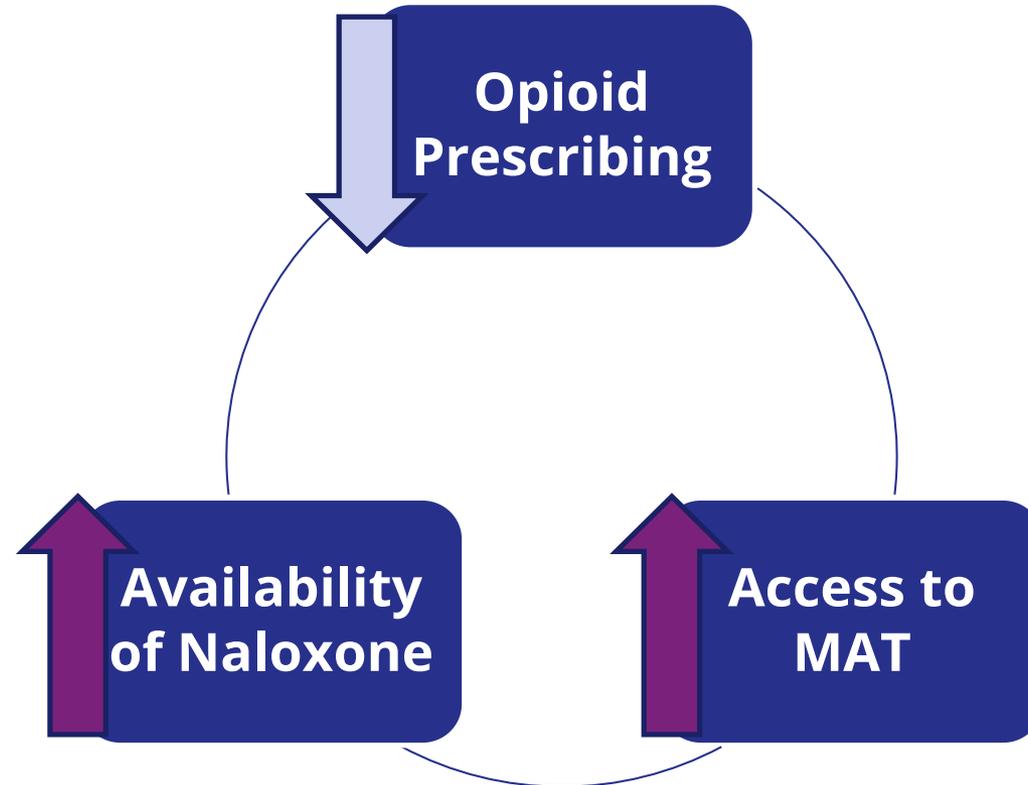
# Overdose Deaths from Fentanyl



Source: California Opioid Overdose Surveillance Dashboard  
<https://discovery.cdph.ca.gov/CDIC/ODdash/>



# California's Mission





## Funding Sources

- \$265 million in grant funding from the Substance Abuse and Mental Health Services Administration (SAMHSA)
- These grants were awarded to states by SAMHSA with the goal of increasing MAT capacity nationwide
- Funding first became available in 2017



**\$265 million**

In grant funding  
from SAMHSA



# **MAT Expansion Projects**



# California Bridge

- Hospitals and emergency rooms serve as primary access points for beginning substance use treatment.
- There are 52 participating hospitals across 35 counties
- Technical assistance materials are available to any clinician:  
[www.bridgetotreatment.org](http://www.bridgetotreatment.org)





# California Bridge



**5,629 patients identified with OUD and offered MAT**



**3,765 patients provided with MAT at the hospital**



**2,580 patients given a prescription for MAT**



**3,515 patients linked to follow-up MAT care**



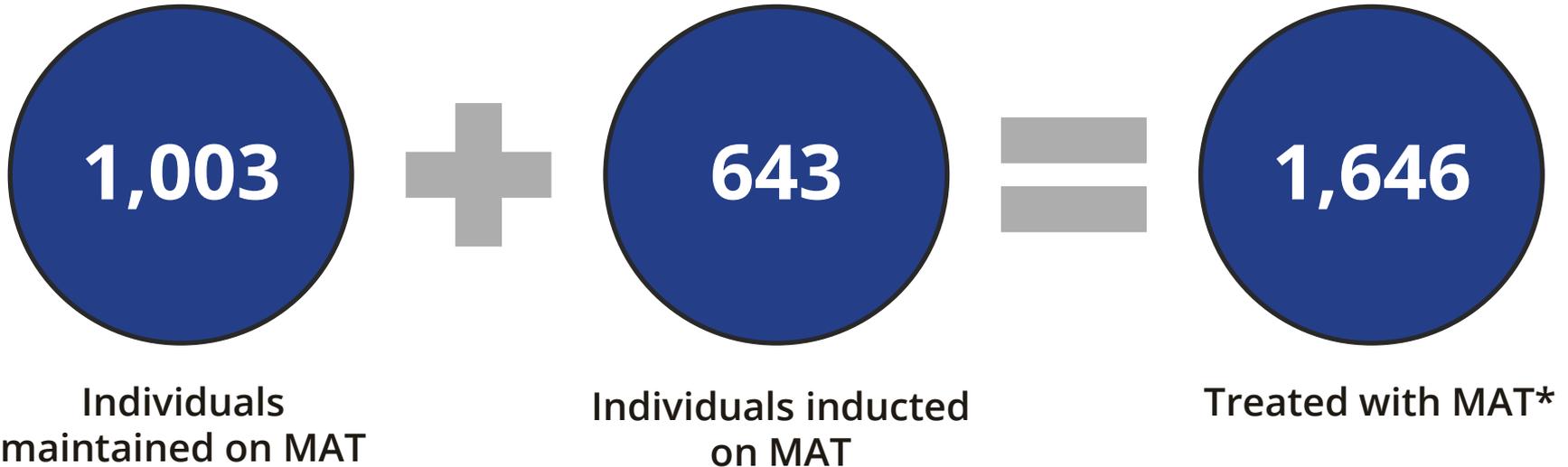
**50 Bridge hospitals providing treatment**



**48 Substance Use Navigators (SUNs)**



# MAT in Criminal Justice Settings



Pregnant women received treatment with MAT



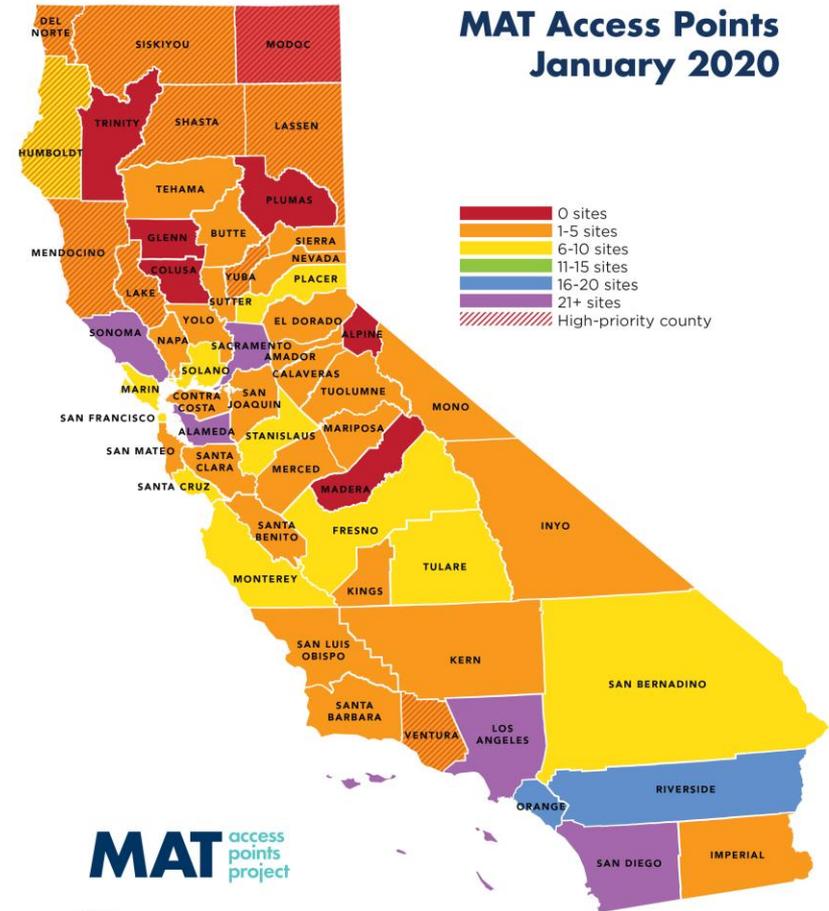
Counties expanding access to at least 2 forms of MAT

\*Data from 20 counties, Oct. 2018 – Sept. 2019



# MAT Access Points

- MAT Access Points has provided grants for MAT training and infrastructure, prevention and education, and tribal MAT infrastructure.
- The project has expanded access to MAT in 335 Community Access Points, including:
  - 260+ facilities through 118 organizations
  - 10 Tribal health organizations
  - 55 community prevention and education grants to support localized outreach and prevention





## Youth Opioid Response

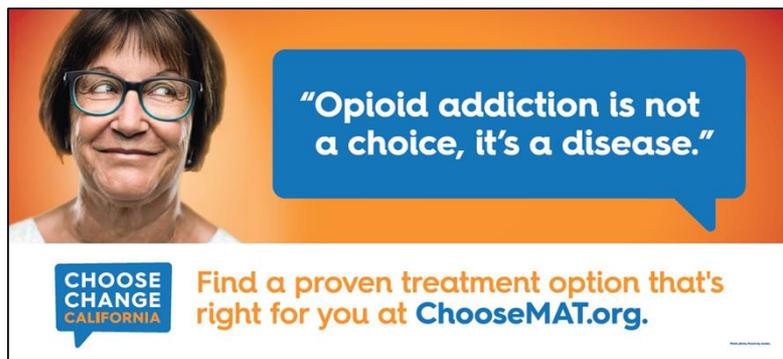


- YOR has provided 22 Implementation and 10 Community Planning grants for prevention and treatment of opioid use disorder in youth aged 12-24
- As a result of the program:
  - **2,512** youth received screening services
  - **1,701** youth received treatment or prevention services
  - **250+** individuals are receiving counseling services
  - **248** individuals received referrals for clinical assessment
  - **203** individuals are receiving MAT medications
  - **113** individuals are receiving case management
  - **190** training and education events for schools, youth, and clinicians with more than **14,500** individuals reached



## Media Campaign

- DHCS has conducted a statewide media campaign that included TV, radio and billboard ads.
- The campaign encouraged people to visit [ChooseMAT.org](https://www.choosemat.org), which includes information about OUD as well as a treatment locator
- Within 5 months of launching:
  - More than 286,000 people visited [ChooseMAT.org](https://www.choosemat.org)
  - 31,500 people accessed the treatment locator





# All MAT Expansion Projects

- Addiction Treatment Starts Here: Primary Care, Behavioral Health, & Community Partnerships
- California Bridge Program
- California Department of Public Health Projects
- California Hub & Spoke System
- California Poison Control System
- California Substance Use Line
- California Youth Opioid Response
- Continuity Consulting Projects
- County Touchpoints
- CURES Optimization
- Drug Take-Back
- DUI MAT Integration
- Expanding MAT in County Criminal Justice Settings
- MAT Access Points
- MAT Toolkits
- Media Campaign
- Mentored Learning
- Mother&Baby Substance Exposure Initiative
- Naloxone Distribution Project
- NTP Treatment Capacity
- Primary Care Residency
- SUD Workforce: Recovery & MAT Summit
- Supportive Housing
- Transitions of Care
- Tribal MAT Program
- Waivered Prescriber Support
- Young People in Recovery

To learn more about the MAT Expansion Projects, visit [CaliforniaMAT.org](https://CaliforniaMAT.org).



# Outcomes



## MAT Expansion Project Outcomes

**22,000**

**New patients treated with MAT**

**10,000+**

**Overdoses reversed with naloxone**

**2,000**

**Stakeholders trained in MAT**

**650**

**New access points for treatment**

**30**

**Projects**



# MAT Expansion Project Outcomes: New Access Points

The California MAT Expansion project supports more than

**30 PROJECTS**

across the state and has expanded access to MAT in more than

**650 ACCESS POINTS**

including...

**52**  
Hospital Emergency  
Departments

**29**  
County Jail Systems

**18**  
Hubs



**200+**  
Spokes

**40**  
Primary Care  
Sites

**12**  
Indian  
Health  
Programs

**10**  
Mental  
Health/  
SUD  
Clinics

**22**  
Sites Specifically for  
Youth

**270**  
Community  
Access Points



# MAT Expansion Project Outcomes: Providers Trained

The project has provided training to more than  
**2,000 stakeholders**

**296**

DUI Providers trained  
on MAT

**215**

Justice Professionals  
trained on MAT

**211**

Providers trained  
by California  
Bridge

**83**

Perinatal  
Providers  
Trained

**573**

Providers trained by UCLA Provider  
Training Initiatives

**542**

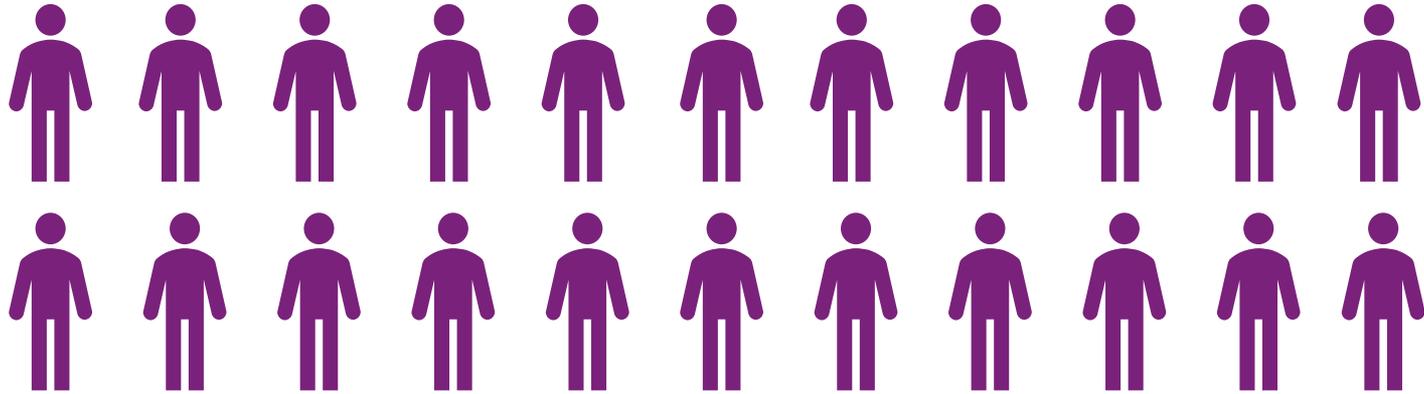
Professionals trained in MAT  
Workforce Summits

**91**

Trained in  
Telehealth



## MAT Expansion Project Outcomes: Patients Treated



**More than 22,000**

**new patients with opioid use  
disorder have received MAT**



# MAT Expansion Project Outcomes: Overdoses Reversed

The Naloxone Distribution Project  
has distributed more than

**300,000**  
units

to more than

**800**  
Organizations

in

**55**  
Counties

**10,000+**

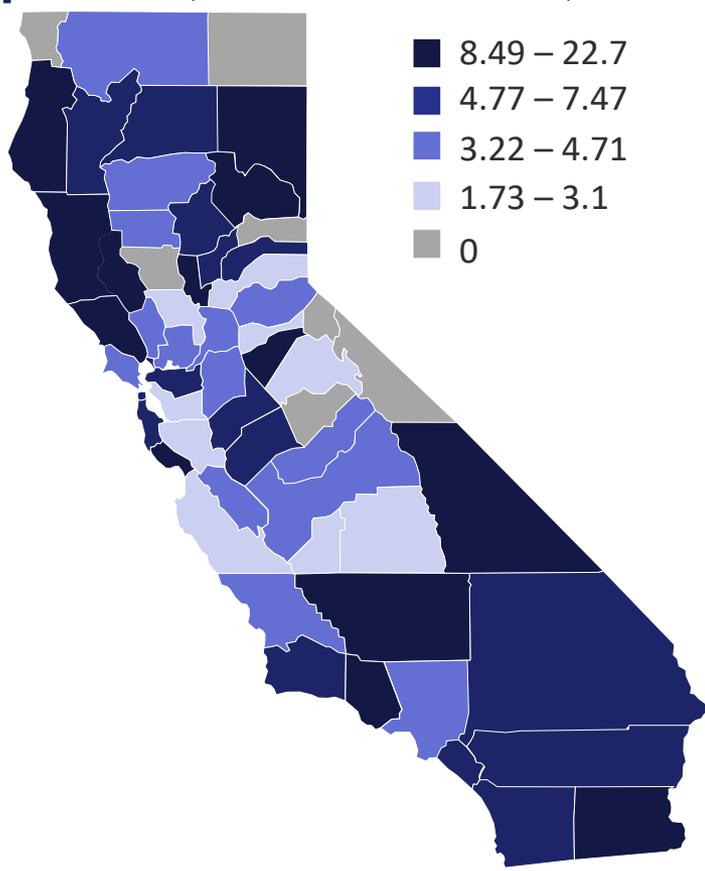
overdoses have been  
reversed with naloxone



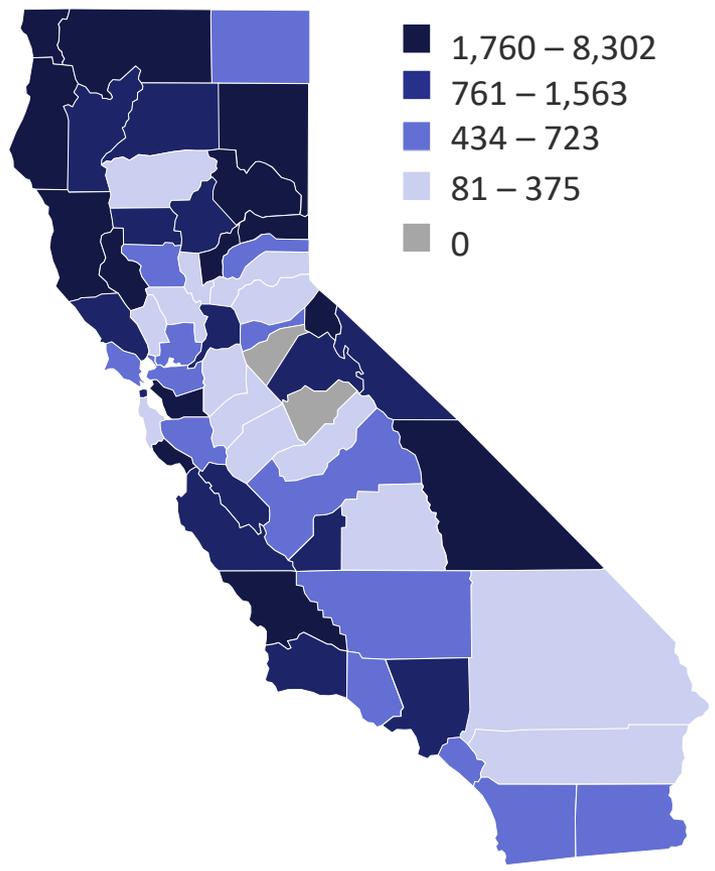


# Naloxone Distribution Project

## Opioid Overdoses per 100,000 Residents, 2018



## Approved Naloxone Units per 100,000 Residents, 2018-19



SOURCES: Overdose Rates - California Department of Public Health, "California Opioid Overdose Surveillance Dashboard"; accessed February 2020. Population data - State of California Department of Finance, "E-1 Population Estimates for Cities, Counties, and the State — January 1, 2017 and 2018"; accessed December 2018. Naloxone units as of February 3, 2020.



# NDP Quotes and Stories

Los Angeles Times

## The drug that saved the people who overdosed in Chico



Chico police officers say lives were saved earlier this month when they injected overdose victims with naloxone. The state Health Department is making the drug available to law enforcement agencies at no cost. (Mary Altaffer / Associated Press)

NATIONAL

### 1 Dead And 12 Hospitalized After Mass Drug Overdose In California

January 13, 2019 · 6:55 PM ET

SHANNON VAN SANT





## NDP Quotes and Stories

“We are a small, rural community and to know that the Naloxone provided has helped save the lives of three people is amazing.

The Naloxone has **helped us reduce stigma around addiction and has brought the community together** in ways we would not have been able to without it.”

Northern Inyo Hospital

“Most of the substances we test (heroin, methamphetamines, cocaine) are positive for fentanyl, so it is **more important than ever** to have naloxone widely available.”

The Solace Foundation of Orange County

“People are grateful, for the lifesaving medication and for **being seen as worth saving.**”

Broken No More



## How to Apply for Naloxone

- Visit the [DHCS website](#) and fill out an application.
- In addition to filling out the application form and agreeing to the terms and conditions, organizations must also send:
  - A copy of a valid and active business license, FEIN number or tax-exempt letter.
  - A copy of a naloxone standing order or physician's prescription.
  - If the naloxone request is for more than 48 units, the organization/entity must provide a brief and comprehensive summary explaining why the quantity was requested and the plan for distribution.
- Send the application and supporting documents to [Naloxone@dhcs.ca.gov](mailto:Naloxone@dhcs.ca.gov)
- Remember to [check the FAQs](#) for additional information that may be relevant to your organization.



## Next steps



# Methamphetamine Prevalence

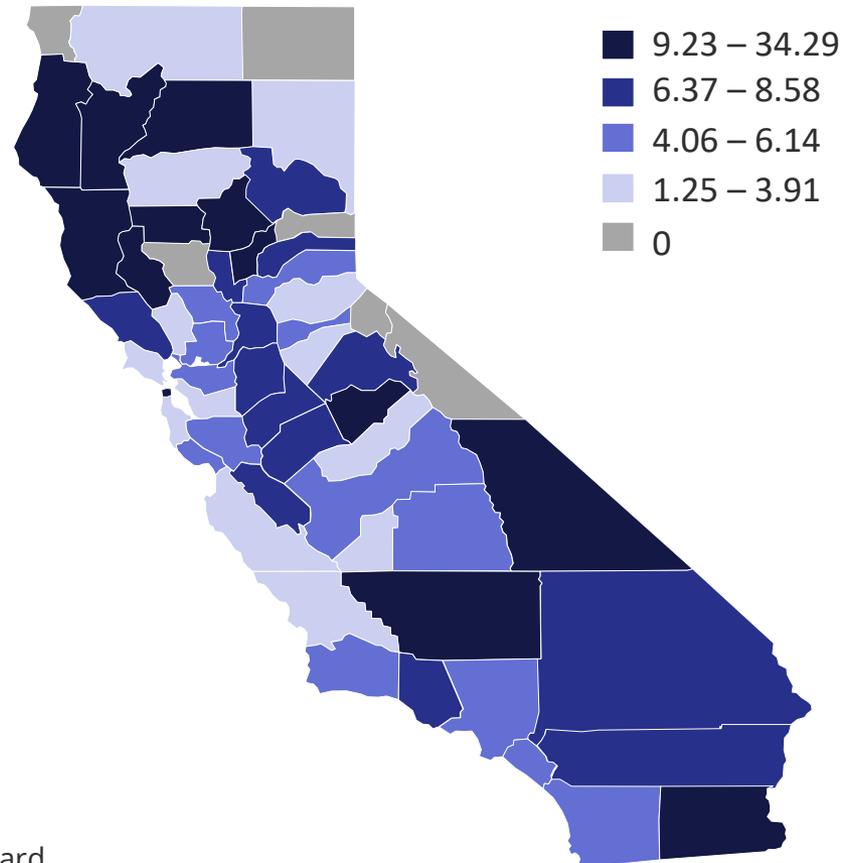
In California in 2018,  
there were

**2,427**  
Methamphetamine  
overdose deaths

compared to

**2,428**  
Opioid overdose deaths

Methamphetamine Overdoses  
per 100,000 Residents, 2018





# Methamphetamine Prevalence

**Top 10 Counties for Amphetamine-Related Overdose Deaths, 2018**

Total Deaths		Deaths per 100,000 Residents	
Los Angeles	426	Lake	34.29
San Diego	209	Mendocino	18.14
Riverside	207	Kern	16.07
Orange	172	Glenn	15.32
San Bernardino	148	Imperial	15.13
Kern	140	Inyo	14.45
Sacramento	116	Trinity	12.71
San Francisco	116	Shasta	12.41
Santa Clara	109	San Francisco	11.86
Contra Costa	68	Humboldt	11.71



## Future Funding

- In 2019 Congress approved an additional \$1.5 billion to fund state opioid response efforts.
- States have not been allocated funds yet, but California can expect to receive additional funding.
- Recently SAMHSA has announced new flexibility that will allow states to use the funding for treatment for stimulant use disorders.



# CaliforniaMAT.org

- [CaliforniaMAT.org](https://www.californiamat.org) includes information on each of the MAT Expansion Projects, latest project updates, and MAT-related resources.

**CALIFORNIA  
MAT EXPANSION  
PROJECT**

[Projects](#)   [Resources](#)   [Latest Updates](#)   [I'm Seeking Help](#)

---

**Latest News**

**YOR California**  
Oct 21, 2019

---

**MAT Access Points**  
Sep 17, 2019

---

**Mother&Baby Substance Exposure Initiative**  
Aug 19, 2019

[Read more >](#)

**About**

In an effort to address the opioid epidemic throughout the state, the California Department of Health Care Services (DHCS) is implementing the California Medication Assisted Treatment (MAT) Expansion Project. The California MAT Expansion Project aims to increase access to MAT, reduce unmet treatment need, and reduce opioid overdose related deaths through the provision of prevention, treatment, and recovery activities. The California MAT Expansion Project focuses on populations with limited MAT access, including rural areas and American Indian & Alaska Native tribal communities. The California MAT Expansion Project is funded by grants from the Substance Abuse and Mental Health Services Administration (SAMHSA). The California MAT Expansion Project is composed of nearly 30 projects.

[Read more >](#)



# **Naloxone Distribution and Education Program**

**The Solace Foundation of  
Orange County**



# The Solace Foundation of Orange County

- Founded in 2015
- Dr. Deyhimy - Medical Director – Standing Order Model
- Distributed over 18,000+ Naloxone kits (2 doses each)
- Recorded **2,200+** overdose reversals
- The only naloxone distribution program in OC
- 501(c)(3) Organization run entirely on donations



# In Loving Memory of Benjamin Dunkle 1/28/92 – 10/18/12





# Treatment Centers & Sober Living Homes





# Mostly likely first responders





# Backpack Outreach



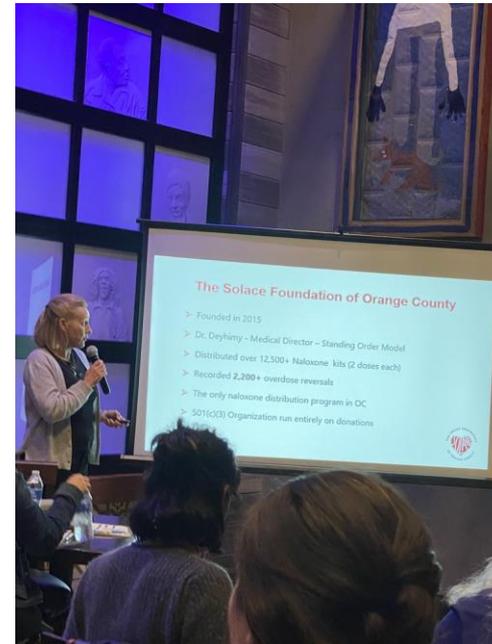


# Community Trainings

## Shelters

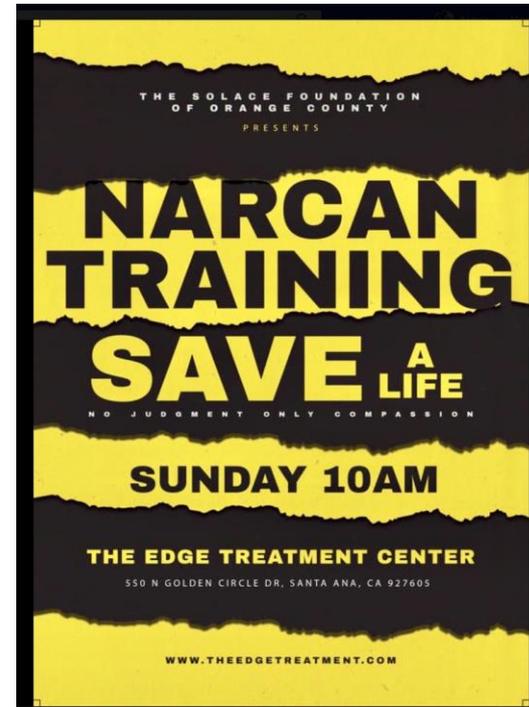


## Outreach Staff





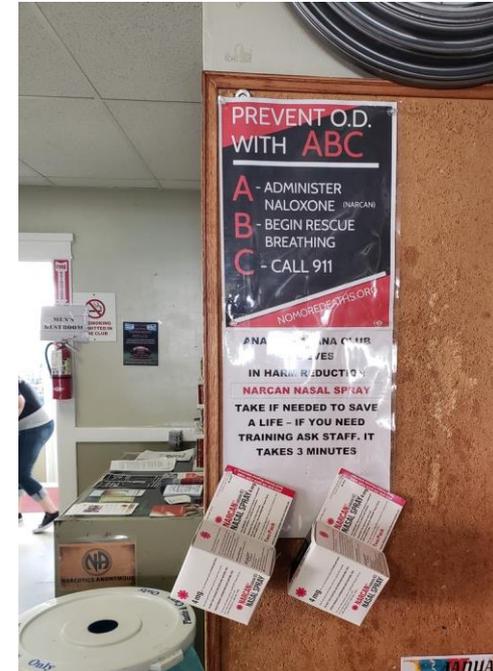
# Fixed Site Location





# Community Partners

## Alano Club





# Community Events





# Fentanyl





# Harm Reduction & Naloxone Distribution





# Data Collection

**REGISTRATION**

Trainer: \_\_\_\_\_ Date: \_\_/\_\_/2020

Participant first & last initial: \_\_\_\_\_ First 2 letters of mother's first name: \_\_\_\_\_

Day of birth: \_\_\_\_\_ Pt's code: \_\_\_\_\_  
(e.g. ADKA03)

Gender:  Male  Female

Ethnicity:  Black/African American  White  Latino/Latina  Native American  Asian

City of residence: \_\_\_\_\_

What type of accommodation?  outside  house/apartment  shelter  hotel  jail  other \_\_\_\_\_

Which of these drugs did you use in the last 30 days:  heroin  methadone  benzos  buprenorphine  
 opioid pills  cocaine  methamphetamine  alcohol  other \_\_\_\_\_

Have you ever overdosed:  No  Yes

How many times: \_\_\_\_\_

Have you ever been narcaned:  No  Yes

Who used narcans on you:  non-medical  medical person

What drugs had you taken the last time you overdosed: \_\_\_\_\_

Have you witnessed an overdose:  No  Yes How many: \_\_\_\_\_

At the last overdose you witnessed did anyone give narcans?  Yes  No

Who gave narcans at this OD:  I did  non-medical person  medical person

Were EMS contacted/present:  Yes  No

Reason for getting narcans today:  self  friend  family member  community  other

Number of doses Issued: \_\_\_\_\_ Nasal

**REFILL**

Trainer: \_\_\_\_\_ Location: \_\_\_\_\_ Date: \_\_\_\_\_

Participant first & last initial: \_\_\_\_\_ First 2 letters of mother's first name: \_\_\_\_\_

Pt's day of birth: \_\_\_\_\_ Pt's code: \_\_\_\_\_  
(e.g. ADKA03)

Reason for refill:  used it  stolen  gave it away  lost it  Police Confiscated (add info below)

If confiscated what city & any other details: \_\_\_\_\_

Date of OD: \_\_\_\_\_ Who OD'd: friend/partner/family/self \_\_\_\_\_

Gender:  female  male Age: \_\_\_\_\_ What drugs had they taken: \_\_\_\_\_

City where it happened: \_\_\_\_\_ Cross Streets: \_\_\_\_\_

Type of Place: street/park/hotel/etc. \_\_\_\_\_ Narcans given:  Yes  No

What kind of narcans:  syringe/vial  auto-injector  nasal

How many doses: \_\_\_\_\_

How long for naloxone/narcans to work:  <1 minute  1-3  3-5  >5 minutes  It didn't work

What else did you do?  sternum rub  call 911  rescue breathing  Recovery Position  
 shake/slap/punch  ice/water  inject with meth  inject with saltwater of other

Were there any legal consequences: \_\_\_\_\_

Anything unusual about this refill/overdose report: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TYPE OF NALOXONE/NARCANS GIVEN: \_\_\_\_\_ syringe & vial \_\_\_\_\_ auto-injector \_\_\_\_\_ nasal



# Contact Information

**Aimee Dunkle**

**The Solace Foundation of Orange County**

**Telephone: (949) 612-5514**

**[solacefoundationofoc@gmail.com](mailto:solacefoundationofoc@gmail.com)**



## Questions and Discussion

Please type your questions into the “Questions” box located in the GoToWebinar control panel located on the right-hand side of your screen.

